

PATIENT INFORMATION SHEET

SYMPTOM OVERVIEW

UNDERSTANDING DIFFICULTY WITH FINE MOTOR SKILLS



- Challenges with tasks that require dexterity and fine motor skills, such as buttoning a shirt, using utensils, writing, or manipulating small objects.
- These difficulties can develop gradually or occur suddenly.

WHAT IT MIGHT INDICATE

- Common conditions: This could be due to normal aging, arthritis, or nerve damage from conditions like carpal tunnel syndrome or peripheral neuropathy.
- It might also indicate neurological conditions such as Parkinson's disease, multiple sclerosis, or a brain tumor.
- Other causes include stroke, muscle disorders, or injuries to the nerves.
- Please note: This document is not intended for self-diagnosis. Persistent or worsening difficulties should be evaluated by a healthcare professional.

IMMEDIATE ACTIONS

- If these difficulties are accompanied by sudden weakness, confusion, or loss of consciousness, seek immediate medical attention.
- Note any specific activities that are challenging and whether the difficulty is with one or both hands.
- Document any recent injuries, particularly to the head or neck, or changes in medications.

WHEN TO CONTACT US



- If you're experiencing persistent or worsening difficulties with fine motor skills that affect your daily activities, consider contacting us to arrange an online consultation with our specialists.
- If you're seeking further guidance, alternative treatment options, or a second opinion, our service can provide expert advice and specialist referrals.

WHAT TO EXPECT DURING OUR ONLINE CONSULTATION

- Our specialist will inquire about your symptoms, medical history, and any medications you're taking.
- You may be asked to perform simple tasks during the video call or provide detailed descriptions of your challenges.
- Further diagnostic tests (like nerve conduction studies, imaging, or referral to a neurologist or occupational therapist) may be recommended based on your symptoms and history.

PREPARATION FOR YOUR APPOINTMENT

- Be ready to discuss in detail the difficulties you've been experiencing and their impact on your daily life.
- Compile a list of all medications and supplements you're taking, including dosages.
- Ensure you're in a quiet, well-lit room with a stable internet connection for the video call.
- Have any questions about your symptoms, potential causes, or treatment options written down and ready to ask.

DISCLAIMER

This information sheet is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Always consult your local healthcare provider with any questions or concerns you may have regarding your condition.

CONTACT US

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-  [Book a Free Consultation](#)

