

PATIENT INFORMATION SHEET

SYMPTOM OVERVIEW

LOSS OF CONSCIOUSNESS OR ALTERED CONSCIOUSNESS LEVELS



- Experiencing a sudden loss of consciousness (fainting or passing out) or changes in consciousness level (not being fully aware of one's surroundings, confusion, difficulty waking, or unresponsiveness).
- These changes can occur without warning and vary in duration.

WHAT IT MIGHT INDICATE

- Urgent condition: These symptoms can indicate a variety of serious conditions, such as seizure, stroke, low blood sugar (in diabetics), heart issues (like arrhythmia or heart attack), or even certain types of infections or poisonings.
- Concussions or other head injuries, as well as emotional distress or panic attacks, can also lead to these symptoms.
- Please note: Immediate medical evaluation is crucial to determine the cause and appropriate treatment.

IMMEDIATE ACTIONS

- If someone loses consciousness, even briefly, seek emergency medical attention immediately.
- Ensure the person is breathing; if not, begin CPR if you're trained.
- Do not attempt to give an unconscious person food or drink, and do not leave them alone.
- For altered consciousness, if the person is not fully awake or behaving normally, seek immediate medical attention.

WHEN TO CONTACT US



- Due to the potential severity of these symptoms, we advise immediate emergency evaluation. Contact us after your acute care for follow-up support, rehabilitation services, or additional consultations if necessary.
- For non-emergency inquiries or ongoing care, our service can provide expert advice and specialist referrals.

WHAT TO EXPECT DURING OUR ONLINE CONSULTATION

- For immediate symptoms of loss or alteration in consciousness, online consultations are not appropriate. Immediate, in-person medical evaluation is necessary.
- For follow-up consultations after emergency care, our specialists can discuss your diagnosis, treatment, and any recommended lifestyle or medication adjustments.

PREPARATION FOR YOUR APPOINTMENT

- For emergency situations like a loss of consciousness, online consultation preparation is not applicable.
- For non-emergency, follow-up consultations, have all relevant medical records, test results, and information on medications ready to discuss.

DISCLAIMER

This information sheet is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. A loss or alteration in consciousness requires immediate medical attention.

CONTACT US

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-  [Book a Free Consultation](#)

