

PATIENT INFORMATION SHEET

SYMPTOM OVERVIEW

UNDERSTANDING YOUR SPEECH DIFFICULTIES



- Challenges with speech, including slurred speech, trouble forming words, difficulty understanding spoken language, or other communication issues.
- These difficulties can develop gradually or occur suddenly.

WHAT IT MIGHT INDICATE

- Common conditions: Speech difficulties could be due to a variety of reasons, including neurological conditions like stroke, brain injury, or disorders affecting the muscles used in speech (dysarthria).
- It can also indicate conditions such as aphasia (language disorder), migraines, severe emotional distress, or medication side effects.
- In rare cases, it could signal more serious issues like a brain tumor or progressive neurological disease.
- Please note: This document is not intended for self-diagnosis. Multiple benign and serious conditions can cause these symptoms, and a healthcare professional should evaluate persistent or severe symptoms.

IMMEDIATE ACTIONS

- Note the circumstances under which the speech difficulties occur, including any activities that seem to exacerbate or relieve the symptoms.
- If symptoms are accompanied by weakness in the face or limbs, confusion, or difficulty walking, seek immediate medical attention.
- Document any recent injuries, especially to the head, or changes in medications.

WHEN TO CONTACT US



- If your speech difficulties are persistent, worsen, or are accompanied by other symptoms like headaches, numbness, or coordination problems, seek immediate medical attention.
- If you're experiencing recurring episodes of speech difficulties with no known cause, consider contacting us to arrange an online consultation with our specialists.
- If your symptoms are affecting your quality of life or daily activities, our service can provide guidance and specialist referrals.

WHAT TO EXPECT DURING OUR ONLINE CONSULTATION

- Our specialist will inquire about your symptoms, medical history, and any medications you're taking.
- You may be asked to perform simple speech or cognitive tasks during the video call.
- Further diagnostic tests (like imaging, blood tests, or referral to a speech-language pathologist) may be recommended based on your symptoms and history.

PREPARATION FOR YOUR APPOINTMENT

- Be ready to discuss in detail the speech issues you've been experiencing and any impact on your daily life.
- Compile a list of all medications and supplements you're taking, including dosages.
- Ensure you're in a quiet, well-lit room with a stable internet connection for the video call.
- Have any questions about your symptoms, potential causes, or treatment options written down and ready to ask.

DISCLAIMER

This information sheet is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Always consult your healthcare provider with any questions or concerns you may have regarding your condition.

CONTACT US

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