

# PATIENT INFORMATION SHEET

### SYMPTOM OVERVIEW

#### **UNDERSTANDING SUDDEN LOSS OF MOTOR FUNCTION OR SENSATION**



- Experiencing a sudden loss of movement (weakness or paralysis) or sensation, particularly affecting one side of the body.
- This may be accompanied by other symptoms such as slurred speech, confusion, difficulty understanding speech, problems with vision, dizziness, or loss of balance.

### WHAT IT MIGHT INDICATE

- Urgent condition: These symptoms are characteristic of a stroke, a medical emergency where the blood supply to part of your brain is interrupted or reduced, depriving brain tissue of oxygen and nutrients.
- Strokes can be caused by a blocked artery (ischemic stroke) or leaking or bursting blood of а (hemorrhagic stroke).
- medical Please note: Immediate intervention is crucial to minimize damage brain and potential complications.

#### **IMMEDIATE ACTIONS**

- If you suspect a stroke, seek emergency medical attention immediately. Every minute counts.
- Use the FAST test to recognize stroke symptoms:
  - Face: Ask the person to smile. Does one side of the face droop?
  - Arms: Ask the person to raise both arms. Does one arm drift downward?
  - Speech: Ask the person to repeat a simple sentence. Are the words slurred or strange?
  - Time: If you observe any of these signs, call emergency services right away.
- Do not drive; call an ambulance for immediate transport to the hospital.

# WHEN TO CONTACT US



- Due to the severity of stroke symptoms, we advise immediate emergency evaluation. Contact us after your acute care for follow-up support, rehabilitation services, or additional consultations if necessary.
- For non-emergency inquiries or ongoing care, our service can provide expert advice and specialist referrals.

## WHAT TO EXPECT DURING **OUR ONLINE CONSULTATION**

- immediate stroke For symptoms, online consultations appropriate. Immediate, in-person medical evaluation is necessary.
- follow-up consultations emergency care, our specialists can discuss your diagnosis, treatment, and recommended lifestyle medication adjustments.

### PREPARATION FOR YOUR **APPOINTMENT**

- For emergency situations like potential stroke, online consultation preparation is not applicable.
- For non-emergency, follow-up consultations, have all relevant medical records, test results, and information on medications ready to discuss.

# **DISCLAIMER**

This information sheet is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Symptoms resembling a stroke require immediate medical attention.



# **CONTACT US**



<u>www.healwise.net</u>



info@healwise.net