

PATIENT INFORMATION SHEET

SYMPTOM OVERVIEW

UNDERSTANDING SUDDEN VISION LOSS OR CHANGES



- Experiencing sudden vision loss, which could range from partial to total blindness, or sudden changes in vision such as blurriness, blind spots, or visual disturbances like seeing flashes of light.

WHAT IT MIGHT INDICATE

- Urgent condition: Sudden vision loss or changes can indicate several serious conditions, including retinal detachment, stroke affecting the visual pathways of the brain, or central retinal artery occlusion.
- Other causes might include optic neuritis, macular degeneration, severe glaucoma, or a retinal migraine.
- Please note: Sudden vision change is a medical emergency. Immediate intervention can be crucial for the best chance of restoring vision.

IMMEDIATE ACTIONS

- If you experience sudden vision loss or changes, seek immediate medical attention. Do not wait to see if your vision improves.
- Avoid driving; seek assistance from someone else.
- Do not rub or apply pressure to your eyes.

WHEN TO CONTACT US



- After receiving emergency care, contact us for follow-up support, additional consultations, or rehabilitation services if necessary.
- If you're seeking further guidance, alternative treatment options, or a second opinion after experiencing sudden vision changes, our service can provide expert advice and specialist referrals.

WHAT TO EXPECT DURING OUR ONLINE CONSULTATION

- For sudden vision changes, online consultations are not appropriate. Immediate, in-person medical evaluation is necessary.
- For follow-up consultations after emergency care, our specialists can discuss your diagnosis, treatment, and any recommended lifestyle or medication adjustments.

PREPARATION FOR YOUR APPOINTMENT

- For emergency situations like sudden vision loss, online consultation preparation is not applicable.
- For non-emergency, follow-up consultations, have all relevant medical records, test results, and information on medications ready to discuss.

DISCLAIMER

This information sheet is for educational purposes only and is not a substitute for professional medical advice, diagnosis, or treatment. Sudden vision loss or changes require immediate medical attention.

CONTACT US

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-  [Book a Free Consultation](#)

